



ST HELEN &
ST KATHARINE

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Headmistress: Mrs Rebecca Dougall BA MA

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Dear Parents

British Schools' Modern Biathlon Qualification Competition

Each year St Helen and St Katharine competes in the British Schools' Modern Biathlon – a run and swim event that acts as a platform into the Olympic sport of Modern Pentathlon. Your daughter has the opportunity to qualify for both the British Modern Biathlon Championships (Saturday 24–Sunday 25 November 2018, Leeds) and the British Schools' Modern Biathlon Championships (Saturday 16–Sunday 17 March 2019, location tbc). St Helen's students have competed in the Schools' Championships for the past six years and achieved excellent results. It is an all-round fantastic experience of high-level age group competition.

Qualification for both Modern Biathlon Championships can be achieved by entering just one preliminary competition being organised by the Pentathlon GB Regions, clubs and schools. Competitors can be entered into more than one competition if they wish to get more competition experience and try to improve their times. All results will be published on a ranking list and those who qualify will be notified. If you would like to enter your daughter into a qualification competition there is an online entry requirement. Please follow the instructions in this letter. If you have already entered your daughter, please email me to let me know and disregard the remainder of this letter.

For details of the Modern Biathlon Series 2018–19 including format, how to enter, qualification places available etc please visit the [Pentathlon GB website](#) and follow the steps, entering under St Helen and St Katharine. Abingdon Vale Swimming Club are hosting a preliminary time trial competition on Sunday 14 October in Abingdon and entry is open for this event. This tends to be a popular choice for competitors from St Helen's based on location. The closing date is Thursday 4 October 2018 and there is a £10 fee. Athletes who are not fully paid-up members of Pentathlon GB will be given free First Steps membership, however if they progress to one of the British Championships, full membership (£10) will be required at that stage. If the Abingdon time trial date is not convenient, then use the Pentathlon GB website link above to find an alternative competition. Please note that entry deadlines and number restrictions apply to all competitions so early registration is recommended. Once you have completed the online entry, please email me to confirm.

I hope your daughter is looking forward to the upcoming season. Please do contact me if you have any questions.

Yours faithfully

Miss Eleanor Gay
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