



ST HELEN &
ST KATHARINE

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Headmistress: Mrs Rebecca Dougall BA MA

11 May 2018

Dear Parents

Junior Department residential trip to Stratford-upon-Avon

With the Junior Department residential trip fast approaching, we are very excited to be able to share more information about our visit to Stratford-upon-Avon. Below, you will find some practical information about the visit, as well as a suggested packing list and itinerary.

All of Years 5 and 6 will be attending this residential, providing an excellent bonding experience for the department. Students will be accompanied by four members of staff: Miss Talbot, Miss O'Brien, Mrs Green and Miss Madai. Mrs Wright from the Biology Department will then take over from Mrs Green for our visit to Warwick Castle on the final day.

On Wednesday 23 May, students will need to be in school by 7.40am, as we are aiming to leave St Helen's promptly at 8am. We have a busy day of activities planned, beginning with a visit to Cadbury's World at 10am, so it is vital that we are able to depart on time. If for any reason you are running late on Wednesday, please telephone one of the school mobiles or the school office to let us know.

Students will be provided with a school packed lunch on the Wednesday, but you are welcome to supplement this with additional items, as their evening meal will not be until 6.30pm. As detailed in the kit list attached, it is essential that they have a rucksack and a named water bottle with them, to use throughout the residential visit. On arrival at Cadbury's World, I will send a Clarion Call message to parents to let you know of our safe arrival.

On Friday 25 May, we have a full day of activities, and will stop at Frankie and Benny's for an evening meal on the way home. Traffic permitting, we aim to be back at St Helen's by 7.30pm, but we will send a Clarion Call to all parents with a more accurate arrival time once we are leaving the restaurant in Banbury.

We are staying at the [YHA Stratford-upon-Avon](#).

YHA Stratford-upon-Avon
Hemmingford House
Alveston
Stratford-upon-Avon
Warwickshire
CV37 7RG
Telephone: 01789 297093

We will take a full contact list of addresses and phone numbers for each student and in the highly unlikely event that we need to contact you, we will phone you directly using your contact details.

It is really important that we hold the very latest medical or dietary information on all our students, especially for an external school visit. So if there are any amendments or additions, do please let us know. Thank you.

Although we strongly advise that you do not contact your daughter during the visit, we understand that situations may arise where this may be necessary. In an emergency situation, please use the following numbers:

School mobiles (held by either Miss Talbot or Miss O'Brien):

- 07921 479724
- 07432 098349

Alternatively, you may telephone the school office during the day or leave a message at the hotel:

- YHA Stratford-upon-Avon: 01789 297093 or 0345 3719661
- School Office (during the school day): 01235 520173

At the start of the academic year, you were asked to indicate whether you give permission for the school to administer paracetamol, ibuprofen, Piriton, throat lozenges, anthisan cream, arnica cream and Kwells (travel sickness tablets). If permission has been given, staff will be able to administer any of these medications if your daughter becomes unwell during the trip. However, without this consent we are unable to do this. If you wish to make any changes to these permissions, or have any questions, then please contact our school nurses at nurses@shsk.org.uk. It is also important that the school have details of the dates of your daughter's most recent immunisations.

If your daughter will be taking any additional prescribed medication during the trip (that the School is not currently aware of), we ask that you [complete a consent form](#) which is also obtainable from the School Health Centre. This should give details of the dosage, how often it is required and the reason for the medication. All medication should be clearly labelled and then passed to Miss Talbot or Miss O'Brien on arrival at school on the Wednesday. If your daughter uses an inhaler, she should bring two with her, clearly labelled. She should keep one with her at all times and give a spare to her group leader. If your daughter has prescribed medication and arrives for the trip without it, she will be unable to leave with the party.

We have made the decision that mobile phones and other electrical devices (including Kindles, iPads or iPods) are not permitted on this trip, as these items are at risk of being lost or broken. We also feel that it is an excellent opportunity for the students to focus on building friendships, rather than being reliant on phone calls or messages from home. We would really appreciate your cooperation with this matter.

The only exception to the rule is if the students would like to bring a digital camera to record their trip. A named, disposable camera would be an ideal alternative, as staff cannot be held responsible if it is lost or stolen, however digital cameras are permitted.

The School feels that residential trips provide a fantastic opportunity to extend the curriculum and give the students' confidence a real boost. I am sure that they will have a fun and memorable time, which they will be talking about for many years to come!

If you have any queries, please do not hesitate to contact me.

Yours faithfully

Miss N Talbot
ntalbot@shsk.org.uk
Head of Junior Department

Packing list

This is only a recommendation, but please be aware that students will need to carry their own luggage so should try to keep it to a minimum.

All items should be marked with the owner's name and be packed as follows in one holdall or small named suitcase, a school PE bag is ideal:

- Two T-shirts/tops
- One or two pairs of jeans or skirts/trousers
- Jumper or hoodie
- Underwear
- Socks
- One pair of pyjamas or nightie
- Indoor shoes/slippers
- Tissues
- Plastic bag (for dirty clothes)
- Washbag (including soap, shampoo, toothbrush, toothpaste and deodorant)
- Bath towel
- Hairbrush and hair clips/bands
- Sanitary products (if needed)
- One small cuddly toy (not essential)

One small rucksack containing:

- Paperback novel
- Notebook and pencil for rough notes
- Games/activities for the journey
- Digital or single-use camera (clearly named)
- Pocket money in a named purse (limit of £20 please as students will not be allowed to buy large presents to bring home. Pocket money will be used for small mementos only)
- Extra items for their packed lunch for Wednesday
- Drink in a named water bottle
- Sun cream and cap
- Inhaler if required

No mobile phones, digital music players, radios or electronic games, please.

Students should be wearing:

- One pair of jeans or trousers/skirt
- One T-shirt/top
- One warm jumper/hoodie
- One waterproof jacket with hood (no umbrellas please)
- Trainers/really comfortable shoes for walking

Any medication should be clearly labelled and handed to Miss Talbot or Miss O'Brien on arrival at school.

Itinerary

Tour itinerary provided by [WST Travel](#)

Day one: Wednesday 23 May

7.40am – Meet at school to pack the coach for an 8am departure
Cadbury's World
Packed lunches provided by St Helen's
RSC Drama Workshop – linked to Shakespeare
Check in at YHA Stratford-upon-Avon
Evening meal and quiz

Day two: Thursday 24 May

Breakfast at YHA Stratford-upon-Avon
Tudor World – workshop and guided tour of Stratford
Packed lunches provided by YHA
Mary Arden's Farm
Playbox Theatre production of Charlie and the Chocolate Factory
Evening meal at Pizza Express
Return to YHA Stratford-upon-Avon

Day three: Friday 25 May

Breakfast at YHA Stratford-upon-Avon
Visit to Shakespeare's Birthplace
Packed lunches provided by YHA
Warwick Castle – Crime and Punishment workshop followed by exploration of the
Castle
Evening meal at Frankie and Benny's, Banbury
7.30pm – Anticipated arrival back at St Helen's (a Clarion Call will be sent to confirm
a more accurate eta)