



ST HELEN &
ST KATHARINE

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Headmistress: Mrs Rebecca Dougall BA MA

27 April 2018

Dear Parents

Personal development and year group bonding residential

I am delighted to be able to offer your daughter the opportunity to take part in a personal development and year group bonding residential at the [PGL centre in Liddington](#) in October 2018 when your daughter will be in Lower Sixth.

The residential will run from Monday 8–Tuesday 9 October 2018 and uses outdoor activities to help students to gain the confidence, independence and motivation they need to forge ahead on their journey in the Sixth Form and beyond. Activities are led by trained instructors and focus on team building, creating trust and forging new relationships. We have chosen PGL because they offer excellent value for money and they have 60 years of experience organising trips for schools. Their high standards mean that your daughter will be in safe hands at all times.

There will be a charge of £175 to cover the cost of this trip and this will be added to your next school bill. This includes:

- Return coach travel to and from school
- Evening entertainment
- All meals and accommodation
- Full comprehensive travel insurance

There are no extras; if you wish, your daughter can bring a small amount of pocket money to spend in the gift shop. We will leave around 8.30am on Monday 8 October and return around 7.30pm on Tuesday 9 October, after supper, however specific travel arrangements will be sent nearer the time.

If you would like your daughter to attend this trip, please complete the [electronic response form](#) by Monday 14 May.

It is really important that we hold the very latest medical, dietary and parental contact information on all our students, especially for any external school visits. So if there are any amendments or additions, do please let us know. Thank you.

Yours faithfully

Ms Heather Doherty
Head of Sixth Form
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