

HEAD INJURIES AND CONCUSSION PROTOCOL

The School takes all forms of head injury extremely seriously and seeks to provide a safe return to all activities for pupils after injury, particularly concussion. Therefore, the School has established a procedure to outline procedures for staff, parents and pupils to follow in the management and reporting of head injuries.

Definitions

Head injury is a trauma to the head that may or may not include injury to the brain.

Concussion is the sudden but short-lived loss of mental function that occurs after a blow or other injury to the head (a blow to the head, face or neck, or a blow to the body which causes a sudden jarring of the head may cause a concussion

Procedures

All staff, students and parents should report any head injury, whether incurred inside or outside of school, to the Health Centre. If a member of staff hears of an injury outside of school or a student playing sport who is known to have a head injury, they must report it to the Health Centre for follow up.

The procedure for all head injuries occurring in school is:

1. Injury reported to Health Centre.
2. Injury assessed and parent informed
3. If needed, parent collects student and takes them for assessment by a medical professional.
4. Parent reports back to Health Centre.
5. If concussion diagnosed, graduated return to study and extra-curricular e.g. music. Graduated Return to Play procedure enacted

The procedure for head injuries outside school is:

1. Parents report injury to the Health Centre.
2. If concussion diagnosed, graduated return to study and extra-curricular e.g. music. Graduated Return to Play procedure enacted.

If a student has had a concussion, the school will only permit a student to return to sport on completion of a GRTP and once the Health Centre given clearance, or the Health Centre is in receipt of written confirmation of full recovery from a medical practitioner.

Protocol reviewed..... Trinity 2018
Next review due.....Trinity 2019
Reviewed by.....Director of Students/Senior Nurse
Audience.....Staff /Parents